



SUNDAY, MARCH 17TH – PART 3 OF 3

Series Title: Passion For The Reach

Lesson Title: Reaching Your Goals

Key Scriptures: Proverbs 21:5, Psalms 127:1

Homework Instructions: This series will cover three weeks of lessons for the month of March (March 3rd, 10th and 17th) and includes some homework. We will also have a special Palm Sunday lesson on March 24th and a High School vs. Adults Sunday School Competition on March 31st (Easter Sunday)!

You should complete the homework assignment for each week before class. However, you are welcome to go ahead and complete all homework assignments in advance if you would like to.

Lesson Overview

The Bible has something to say about goals! Proverbs 21:5 says, “The plans of the diligent lead surely to abundance...” and Psalms 127:1 says, “Except the Lord build the house, they labor in vain that build it: except the Lord keep the city, the watchman waketh but in vain.” These scriptures show us that we should have goals – but we also need to include God in our goals if we want to experience true success!

This week we will cover:

- 1. Your “Give Up” Goals**
 - 2. Your “Go Up” Goals**
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1. Your “Give Up” Goals

Using the sheet provided (page 7-8 of this lesson), make a list of your “Give Up” goals (we will not make these lists in class and will not be turning them in.) “Give up” goals are things that you want to stop doing. What should you put on this list? **Anything that’s blocking you from getting to where God wants you to be.** As Christians, we strive daily to be like Christ, so anything fleshly is a good place to start for give up goals. Let’s take a look at Galatians 5:19-21:

*Now the works of the flesh are manifest, which are these; Adultery, fornication, uncleanness, lasciviousness, ²⁰ Idolatry, witchcraft (having to do with the occult), hatred, variance (quarreling), emulations (blocking someone from getting what they desire), wrath, strife, seditions (revolts), heresies (divisions or schisms in the church), ²¹ Envyings, murders, drunkenness, revellings (wild partying), and such like: of the which I tell you before, as I have also told you in time past, that **they which do such things shall not inherit the kingdom of God.***

There is nothing worth losing your Kingdom inheritance! Here are a few more items to consider for your “Give Up” goals list.

- a. Laziness
- b. Procrastination
- c. Lying
- d. Pornography
- e. Stealing
- f. Stubbornness
- g. Pride
- h. Gossiping
- i. Lust
- j. Disrespect
- k. Not honoring leadership
- l. Not honoring parents
- m. Anything negative that applies to you personally that you don’t see on this list.**

2. Your “Go Up” Goals

Now that we’ve dealt with some of the hindrances we want to give up, let’s discuss the ways we want to go higher in Christ. We call them “Go Up” goals. And because all of life is spiritual, you can address your goals in any aspect of your personal life, work, family, etc. **One “Go Up” goal for any Christian should be to please God by getting in position to be all that you can be.** Here are some additional goals you can consider, but feel free to add your own when you make your list.

a. As A Parent

- To train your children in the ways of God and Biblical principles
- To model an authentic, joyful, godly lifestyle for your children
- Prioritize church attendance and serving in ministry for your family
- Ensure your children are actively involved in the Youth / Children’s ministry

b. On The Job

- To work as unto the Lord
- To make an impact / difference in the company
- To have a strong work ethic
- To grow in your skill

c. As A Ministry Leader

- To lead and guide people in the Vision by what you say and do
- To disciple ministry members with love and care
- To be innovative and creative
- To take the ministry to the next level (in operations, technology, etc.)

d. As A Ministry Worker

- To take initiative to learn all that you can about your assigned duties
- To be accountable and responsible
- To support your ministry leader

e. As A Harvest Life Church Member

- To be a listener

- To invite as many people as possible to church
- To help advance God's Vision for Harvest Life by serving in ministry and through giving in tithes and offerings

f. In My Health

- To do what you need to do to maintain a healthy body and mind so that you can serve God

g. Financially

- Bless the Kingdom of God and enjoy life
- Operate in God's principles concerning finances

i. As A Student

- Be an example – obedient, respectful
- Let your light shine – invite friends and others to church
- Be diligent in turning in assignments
- Be a listener
- Always give your best effort

j. As a Christian

- **To please God by getting in position to be all that you can be.**

It should be noted that you will have “Give Up” and “Go Up” goals at every level of your walk with Christ – the specific goals just change as you mature.

Conclusion

You've listed your “Give Up” goals...you've listed your “Go Up” goals...now what? It's time to walk out what you've put on your list! God sees your faith, and He will give you opportunities to achieve both your “give up” and your “go up” goals. Remain prayerful and update your goals as you see fit.

“Delight thyself also in the LORD; and he shall give thee the desires of thine heart. Commit thy way unto the LORD; trust also in him; and he shall bring *it* to pass.” Psalm 37:4-5

SUNDAY SCHOOL HOMEWORK ASSIGNMENT

SUNDAY, MARCH 17TH – PART 3 OF 3

SERIES: PASSION FOR THE REACH | REACHING YOUR GOALS

1. **Fill in the blanks.** Proverbs 21:5 says, “The _____ of the _____ lead surely to _____” ...

2. **Fill in the blanks.** Psalm 127:1 says, “Except the _____ the house, they _____ in _____ that build it: except the Lord keep the city, the watchman waketh but in vain.”

3. **Circle the correct answer.** What scripture provides a list of “the works of the flesh”?

- a. John 3:16
- b. Galatians 5:19-21
- c. John 2:12
- d. John 4:22

4. List any three “Give Up Goals” from the lesson.

- 1. _____
- 2. _____
- 3. _____

5. List any three “Go Up Goals” from the lesson.

- 1. _____
- 2. _____
- 3. _____

6. **Where is the following passage of scripture found?** “Delight thyself also in the LORD; and he shall give thee the desires of thine heart.

Commit thy way unto the LORD; trust also in him; and he shall bring *it* to pass.”

- a. John 3:16-17
- b. Matthew 3:16-17
- c. Psalm 37:4-5
- d. Genesis 3:16-17

“GIVE UP” AND “GO UP” GOALS SHEET

INSTRUCTIONS:

List 10 “Give Up” and 10 “Go Up” goals in the appropriate section. Goals should be written in the present tense (e.g. I have lost 10 pounds). This sheet will not be turned in for review, but you will receive further instructions during the class.

“GIVE UP” GOALS:

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

“GO UP” GOALS:

1. _____
2. _____

3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____