



SUNDAY SCHOOL TEST STUDY GUIDE

JANUARY SERIES TITLE: LIVING STRONG

Instructions For This Week

1. **There will be a test this Sunday, January 28th on the series, "Living Strong". Your grade will be based on two parts.**
 - **PART 1** – You will have a written test with approximately 20 questions. Test questions may be taken from the lesson or from additional information taught during class.
 - **PART 2** – Your binder will be graded. Your binder must have all your homework completed in the series and must be in the following order to receive an "A".
 - **1 – January Syllabus**
 - **2 – January Sunday School Test Study Guide**
 - **3 – The Whole Armor of God – Part 1 of 3 (January 7th)**
 - **4 – The Whole Armor of God – Part 2 of 3 (January 14th)**
 - **5 – The Whole Armor of God – Part 3 of 3 (January 21st)**
2. **Next Lesson: Your next lesson will be available by Wednesday, January 31st (for Sunday, February 4th).**
3. **You can pick up your graded test and binder from the Sunday School Station on Wednesday, January 31st.**

See you there!

**Living Strong: The Whole Armor of God – Part 1 of 3 (January 7th)
(Whole Armor of God, Belt of Truth, Breastplate of Righteousness)**

1. **True or False** – The key scripture that lays out the Armor of God is Ephesians 8:6-10.

a. True

b. False

2. **Fill in the Blanks** – Satan will do anything to get us to stop trusting and obeying God and doing God's will. Therefore, we need to be clothed with the _____ in order to stand against all the devil's attacks.

Armor of God

3. **Fill in the Blanks** – The Belt of Truth helps us to know and acknowledge the truth about our human nature as the _____ points it out to us.

Holy Spirit

4. **True or False** - If the soldier did not wear their breastplate, they were vulnerable to an attack that could result in severe injury or even instant death.

a. True

b. False

5. **Circle the Correct Answer** – What happens when we practice righteousness in small and big things? (Circle all that apply.)

a. It protects us from the darts of our enemies

b. It leads us away from Christ

c. It causes us to doubt

d. both a and c

6. **Circle the Correct Answer** – Righteousness is the result of what? (Circle all that apply.)

- a. Faithfully lying
- b. Faithfully obeying our Word

c. Faithfully obeying God's Word

- d. none of the above

7. **True or False** – When we do not live according to the Word of God we open ourselves up to let sin enter our hearts.

a. True

- b. False

**Living Strong: The Whole Armor of God – Part 2 of 3 (January 14th)
Feet Shod with the Preparation of the Gospel of Peace, Shield of Faith**

8. **True or False** – Faith can block every lying and evil word Satan shoots our way.

a. True

- b. False

9. **Circle the Correct Answer** – What can happen if you don't have your shoes on to keep you stable?

- a. You can begin to worry
- b. You can't sleep
- c. You can become fearful

d. All of the above

10. Circle the Correct Answer – The Shield of Faith can help block which of the following? (Circle all that apply.)

a. doubt

b. wanting to give up

c. being discouraged

d. none of the above

11. Circle the Correct Answer – How does Satan try to steal the peace of God from our lives? (Circle all that apply.)

a. by giving us a sound mind

b. by attacking us with worry

c. both a and b

d. by deflecting discouragement in our lives

12. Circle the Correct Answer – When you have your feet shod with the Preparation of the Gospel of Peace, you can:

a. Stand firm

b. Walk right and talk right

c. Walk in the ways of the Word of God

d. All of the above

**Living Strong: The Whole Armor of God – Part 3 of 3 (January 21st)
Helmet of Salvation, Sword of the Spirit**

13. True or False – The Helmet of Salvation protects us from eternal damnation.

a. True

b. False

14. True or False – Satan wants to fill our minds with things that are true.

a. True

b. False

15. True or False – The Sword of the Spirit is the Word of God.

a. True

b. False

16. Fill in the Blank – In **Philippians 2:5** it states, “Let this _____ be in you, which was also in Christ Jesus:”

a. mind

b. heart

c. soul

d. spirit

17. Fill in the Blanks – If the _____ was badly _____, the _____ of the armor would be of little use.

head, damaged, rest

18. Circle the Correct Answer – It is important to guard our minds from which of the following? (Circle all that apply.)

a. Influence of our flesh

b. The enemy

c. The world

d. Praising God

19. Fill in the Blanks – We should fill our minds with _____
_____ so that we can make decisions that lead to
_____.

God's Word, righteousness

20. True or False – The Sword of the Spirit is the ultimate weapon that we use to defeat the enemy and experience victory in every spiritual battle.

a. True

b. False

21. Fill in the Blanks – In Hebrews 4:12 it states, “For the word of God is _____, and _____, and _____ than any two-edged sword, piercing even to the dividing asunder of soul and spirit, and of the joints and marrow, and is a discerner of the thoughts and intents of the heart.”

quick, powerful, sharper

22. Fill in the Blanks – The Word of God judges between _____ and _____, _____ and _____.

right, wrong, good, evil

From Key Scriptures

23. True or False – Ephesians 6:11 states, “Put on the whole armour of God, that ye may be able to stand against the wiles of the devil.”

a. True

b. False

24. Fill in the Blanks – Ephesians 6:13 says, “Wherefore _____ unto you the _____ of God, that ye may be able to _____ in the _____ day, and having done all, to stand.”

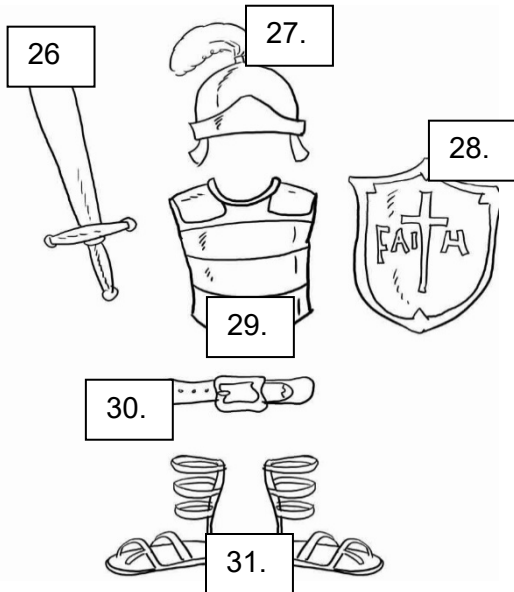
take, whole, armour, withstand, evil

25. Fill in the Blanks – John 14:6 says, “Jesus saith unto him, I am the _____, the _____, and the _____: no man cometh unto the Father, but by me.”

way, truth, life

The Armor of God

Fill in the blanks – Write the name of each piece of the Armor of God.



26. Sword of the Spirit

27. Helmet of Salvation

28. Shield of Faith

29. Breastplate of Righteousness

30. Belt of Truth

31. Preparation of the Gospel of Peace

BONUS: Living Strong: The Whole Armor of God – Part 3 of 3 (January 21st)

Below is a bonus question. You DO NOT have to answer it on the test, but if you provide the answers listed below, you will receive up to 5 extra points. You can earn a maximum score of 105 percent (105%).

Bonus Question: Fill in the blanks for the scripture Philippians 4:8.

“Finally, brethren, whatsoever things are _____, whatsoever things are _____, whatsoever things are _____, whatsoever things are _____, whatsoever things are _____, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things.”

true, honest, just, pure, lovely,